

he Sea of Galilee known by four different names in the sacred Scriptures was the center of busy life. The Lord Jesus Christ often passed over this lake. Once He passed from the west coast to the north-east and reached a desert place. A great company of people followed Him. Jesus received them and taught them about the "Kingdom of God" and healed all those that needed healing. He fed the entire multitude miraculously by taking in His hands barely five barley loaves and two small fishes from a lad. The food miraculously multiplied in His hands, and all people consisting of five thousand men besides women and children did eat and were filled: and the fragments that remained were gathered in twelve baskets.

On the next day, the people went searching for Him to be fed as He miraculously fed them the previous day. But Jesus cautioned them; not to labour for the meat that perishes, but for that meat, which endures unto everlasting life, which the Son of Man shall give unto you: for Him has God the Father sealed. In these words of Jesus are wrapped up the truth of His vicarious death on the cross, His resurrection, ascension and His presence on the right hand of God as the Great High Priest, that guarantees liberation and redemption from sin and everlasting life, which the Lord Jesus alone can provide to those who call upon Him.

Bread is a common food which is eaten by all, the rich and the poor, for it sustains the body. Just as the bread

sustains the body, "the bread of life" sustains the soul. The soul requires nourishment lest the soul will be famished and perish. Jesus said, "I am the Bread of Life: He that comes to Me shall never hunger". Jesus called Himself "the Bread of Life", intimating that He is the inevitable need and feed of the entire humanity for their salvation. The Bread He shall give is His flesh, which He offered on the cross as the Lamb of God, a Lamb without blemish and without spot. In other words, those who trust in Jesus and cast themselves unto Him shall never die spiritually for want of spiritual meet for the soul. He told the people that whosoever believes in Him as their Lord and Saviour shall have everlasting life.

The Lord Jesus was sealed by the Father for the salvation of man, for there is none other name save the name of JESUS given under heaven among men, whereby we must be saved. In the eternal counsels of God, Jesus is the only One, who has been sealed, commissioned and designated for providing eternal life for the lost humanity. Dear reader, do you have the assurance of eternal life? Do you have the assurance that your sins are forgiven? If not, receive the Lord Jesus Christ, the Living Bread by faith in your heart as your Lord and Saviour and confess your sins to Him, you will be immediately sealed with the Holy Spirit of promise and the assurance of salvation.